

FH Bielefeld University of Applied Sciences. Faculty of Social Sciences
English course in winter term 2018/2019

The English seminars are part of the Module C “Human and Medical Sciences” in the bachelor’s degree “Social Work” and “Childhood Education”. All seminars focus on building competence in health topics for social worker.

To fulfil the requirements of module C, German students visit 6 seminars (12 hours of lesson), one examination in one of these seminars, one English certificate and finish the module C with one examination across all seminars. In complete they acquire 15 cps.

For incoming students, we could offer an opportunity to acquire 15 cps in the English course in the following way. Incoming students:

- visit four seminars in English language (8 hours of lesson), regarding the topic of health in social work, which can be part of other modules at the faculty, too.
- spend 1-2 days per week in an internship in social work (4 hours of lesson) and attend supervision by the sending institution.
- write a learning portfolio comparing practical experiences and lectures in Germany in comparison to experiences at the sending country.
- write one examination or oral presentation (English certificate) in one of the English language seminars. Both options are possible. Students can choose one seminar and one option on their own.

Winter Term 2018/2019

The winter term 2018 starts on 8th of October 2018. The English certificate examination is on Friday 30th of November 2018. For German students the English certificate is a so called ‘advanced’ exam. They need to pass it for the final test in module C. The regular seminar ends on 18th January 2019.

Seminars

Incoming students can combine the seminars on three days (see timetable). Optional, they can choose an internship to gain practical experiences in several fields of social work (German or English language), e.g. refugee social work. The learning portfolio documents experiences in the receiving country and contextualize the social work theoretical and professional discourse in both different countries (sending and receiving). This process shall be accompanied in cooperation by one lecturer at the sending and one lecturer at the receiving university. Moreover, students can visit seminars in German language, language courses or other facilities at the faculty.

You find more information about studying at FH Bielefeld University of Applied Sciences here: <https://www.fh-bielefeld.de/en/international-office>

Time Table

Monday	Tuesday	Wednesday	Thursday	Friday
			*08:00 – 9:30 Applied psychology for Social work and Education (Maxie Schulte)	
			10:00 – 11:30 Child Behavioral Disorders (Prof. Dr. Diana Jost)	
	12:00 – 13:30 Health Social Work (Dr. Anna Lena Rademaker)		12:00 – 13:30 Complementary Seminar: In-depth discussion of concepts of applied psychology for social work and education (Maxie Schulte)	12:00 – 13:30 Social Neuroscience: Understanding the Social Brain (Dr. Birte Schiffhauer)
	*14:15 – 15:45 Well-being in childhood and adolescence- a topic for youth welfare!? (Dr. Anna Lena Rademaker)			
* seminar ends on Friday 30 th November and includes one day course	*Day course: 15.11.2018 10:00 – 16:00		*Day course: 15.11.2018 10:00 – 16:00	

Seminar Description

Health Social Work

Social workers in all settings engage every day with children, men and women struggling to realise basic rights to health. Today, 20-25% of all social worker in Germany work in health care (Gesundheitswesen). They work in various fields like hospital social work, rehabilitation, social psychiatry and clinical social work. In addition, health-related social work is involved in communities, in child and youth welfare, in health promotion and in many other areas of social care (Sozialwesen). The social work profession focuses on the social function of health: social worker mediate between ill persons and the society, aiming social integration. But what exactly is health social work? What are tasks for social worker, how does the field of health social work look like? How do health social worker intervene and how do they cope with health issues of their addressees? In the seminar students read international literature about different working fields, tasks, requirements and concepts of health social work and present their knowledge in the seminar. Students attend the regular seminar from October to December 2018 and complete the workload by self-study in online based working groups.

Students finish the seminar till December 2018 with the English LN: a seminar organization, including a presentation and text about their group works topic or the written examination (Klausur). This seminar is open for all language levels. Basic knowledge is enough to participate.

Well-being in childhood and adolescence- a topic for youth welfare!?

We know about health inequalities. But do we really know how far these inequalities reach into everyday experiences of the youngest? Health inequalities occur throughout social, cultural and biological aspects: the life span, challenges in childhood and adolescence, and social disadvantages influence health and disease. The option

space to realize a good and healthy life is unequally provided in societies. Social disadvantages come along with ill health. In this seminar students acquire basic knowledge in understanding children and youth life worlds, to evaluate their development and individual opportunities to cope with ill health and maintain good health. They learn about the relevance of the structural formation and its implications for ill health, as well as maintaining good health in the everyday. Student acquire knowledge about conditions for health and its importance for child and youth services, to make social work knowledge more favourable in health promotion and prevention. Students attend the regular seminar from October to December 2018 and complete the workload by one seminar day in the "Blockwoche". Students finish the seminar till December 2018 with the English LN: a seminar presentation, including a text about their group works topic or the written examination (Klausur). This seminar is open for all language levels. Basic knowledge is enough to participate.

Child Behavior Disorders and School Absenteeism

In Germany, 5 – 10 % of students don't attend school regularly. Hence, their risk of later school drop-out, unemployment and mental illness is enhanced. Reasons and maintaining factors for school absenteeism are diverse. The seminar aims at understanding how different reasons and factors interact and how school attendance can be increased.

Students attend the regular seminar from October to December 2018 and complete the workload by self-study in working groups, group discussions and role plays. Students finish the seminar till December 2018 with the English LN: a seminar organization, including a presentation and text about their group works topic or the written examination (Klausur).

Social Neuroscience: Understanding the Social Brain

Our social behavior is influenced by the interplay of mind and brain. In this seminar we will have a closer look on the biological mechanism of important concepts for the social work like prejudices, emotions, ostracism, love, respect, empathy, aggression, anxiety... Why do people behave like they do? What are the neural processes of depression, autism, eating disorders...? How does our behavior shape our brain and our brain shape our behavior? By understanding the neural processes in the brain we will broaden our understanding of social behavior and reflect the importance of understanding biological processes for social work. Students finish the seminar till December 2018 with the English LN: a seminar presentation, including a text about their group works topic or the written examination (Klausur). This seminar is open for all language levels. Basic knowledge is enough to participate.

Applied Psychology for Social Work and Education

Psychology is an important part of the social work syllabus. The lecture will help students to understand the concepts of psychology and apply them to their own practice. It shows that it is important for psychology to be studied in the context of social care and education, as it offers potential explanations for complex aspects of human behavior and development. The lecture gives an overview over different schools of psychology in the history of psychology. This includes behaviorism, the cognitive approach, psychological humanism, the psychodynamic perspective and short insight into biological psychology.

The structure of this lecture is similar to the structure described for health social work:

Students attend a weekly seminar from October to December 2018. Additionally they attend a one day seminar in November during the "Blockwoche". Students complete the course till December 2018 and finish with a proof of performance: either a seminar presentation, including a text about their group works topic or a written examination (Klausur). This seminar is open for all language levels. Basic knowledge is enough to participate.

Complementary Seminar: In-depth discussion of concepts of applied psychology for social work and education

This course enables in depth discussions of selected topics from the lecture „Applied Psychology for Social Work and Education. These topics highlight aspects and methods from the lecture relevant for students regarding their practical work in social care and education. The seminar focuses on a profound presentation of selected topics from different schools of psychology and discussion among the students participating.

Lecturers

Diana Jost, Prof. Dr., Psychologist

Professor in Clinical Child and Adolescent Psychology, Applied Developmental Psychology at FH Bielefeld (University of Applied Science). Diana Jost has a Certification for Cognitive Behavior Therapy for Children and Adolescents. In 2011 she did her Ph.D. in Psychology at the University of Duisburg-Essen, Department of Instructional Psychology. Her thesis topic was: Improving the reading literacy of German poor readers. Diana Jost worked as Psychologist at the Child and Adolescent Psychiatries at the University Medical Center of Duisburg-Essen (Project: Treatment of school avoidance in children and adolescents with psychiatric illness) and at the University Medical Center of Aachen (Project: Home treatment of adolescent anorexia nervosa).

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Anna Lena Rademaker, Dr., Social Worker

Dr. Anna Lena Rademaker, Lecturer for Special Assignments at the Faculty of Social Sciences at FH Bielefeld University of Applied Sciences. Subject specialist for concepts and research projects at the German Professional Association for Social Work in Health Care (Deutsche Vereinigung für Soziale Arbeit im Gesundheitswesen DVSG; dvsg.org). Main research interests: Health Social Work, Lifeworld orientated Health Promotion, Health in Child and Youth Services.

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Birte Schiffhauer, Dr., Social Psychology & Intelligent Systems

Dr. Birte Schiffhauer, Lecturer for Special Assignments at the Faculty of Social Sciences at FH Bielefeld University of Applied Sciences. Head of division for digitalization at ASB NRW e.V. (Arbeiter-Samariter-Bund Nordrhein-Westfalen). Main research interests: social implications of digitalization/ social media, human factors, social neuroscience.

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Maxie Schulte, Psychologist

Maxie Schulte is a research assistant at the Faculty of Social Sciences at the FH Bielefeld, University of Applied Sciences. She is currently pursuing a PhD at the University of Bielefeld and her main research interests are collective action, relationship regulation theory, social identity theory in social psychology and environmental psychology.

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